

Coronavirus (COVID-19)

What is COVID-19?

COVID-19 is a highly contagious disease caused by a certain type of coronavirus called SARS-CoV-2. While some types of coronaviruses are very common in humans, COVID-19 had not been previously identified in humans before December 2019.

What are the signs and symptoms of COVID-19?

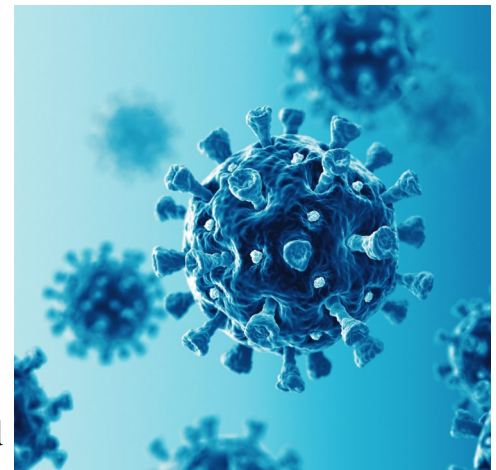
A wide range of symptoms have been reported with COVID-19 and symptoms can range from mild to severe. Some people infected with COVID-19 do not experience any symptoms at all. The most common symptoms associated with COVID-19 infection include fever, cough, shortness of breath, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea, vomiting, or diarrhea.

How is COVID-19 transmitted?

COVID-19 spread mainly through droplets created by coughing, talking or sneezing. People with COVID-19 can spread it to others up to 6 feet away for up to 2 days **before** their illness starts. These droplets can land in the mouths or noses of people nearby, or can be inhaled into the lungs. COVID-19 is also thought to contaminate surfaces.

How can we prevent COVID-19?

Everyone 6 months and older should get a COVID-19 vaccine and stay up to date, especially those at higher risk. Everyday preventative measures include washing your hands often with soap and water for at least 20 seconds, covering your coughs and sneezes, staying home if you are sick, and avoiding close contact with those who are ill. If someone in the home is infected with COVID-19, it is a good idea to routinely disinfect commonly touched surfaces in your home, such as door knobs, countertops, and faucets. People exposed to COVID-19 should wear a high-quality, well-fitting mask around others for 10 days.



How is COVID-19 treated?

For people at high-risk of severe illness, antiviral drugs may be prescribed to lessen symptoms and shorten the time they are sick. They also can prevent serious complications, like pneumonia. Typically, COVID-19 symptoms can be treated at home. People with COVID-19 should stay home for at least 5 days **and** until they have been fever-free for 24 hours, without the use of fever-reducing medications. In addition to a 5 day isolation, an additional 5 days of wearing a well-fitting mask around others is required. You may discontinue wearing a mask on day 11 **or** if you have 2 negative COVID antigen tests, performed 48 hours apart, on or after day 6. Consult with a medical provider or seek immediate medical attention for any symptom that is severe or concerning.

For more information, visit www.CDC.gov/covid19



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